

The United Way of Rutherford County & MAHEC are sponsoring a free training
"NC Resources for Pregnant and Parenting Women with a Substance Use Disorder"

on Wednesday, October 28th from 10am-11:30am.

The training will discuss the use of Medication Assisted Treatment (MAT) for expectant mothers with opioid use disorder among other topics. The training will help providers and service agencies with more knowledge about statewide programs and resources for pregnant women or women who are parents who have SUD. This will be a virtual training. CEUs have been applied for. **The training is free but you must register via this MAHEC Link:**

<https://mahec.net/event/64389>

NC Resources for Pregnant and Parenting Women with a SUD

Untreated opioid use disorder in pregnant women can have harmful effects on the unborn baby. How much do you know about evidence-based standards of care to provide the best outcomes for both mother and baby? Join us for a free training on **Wednesday, October 28th from 10am-11:30am** to learn about resources in NC for pregnant and parenting women with SUD. MAHEC and United Way of Rutherford County are sponsoring this virtual training. CEUs have been applied for.

Judith Johnson-Hostler, MA, LCAS, LPCA, NCC is the Alcohol Drug Council of North Carolina's Coordinator for the state's Perinatal Substance Use Project and the instructor for this training. By sharing her vast expertise, participants in this interactive virtual training will be able to:

- Discuss their knowledge on NC resources for pregnant and parenting women with a SUD
- Describe their understanding of how to access care for pregnant or parenting women with a SUD
- Discuss new federal legislation requiring states to develop plans of safe care for infants identified as 'affected' by substances in utero and how this is being done in North Carolina
- Participate in one of the many EBT curriculums that is utilized by the state's Perinatal/Maternal/CASAWORKS Initiative

About the trainer:

Judith Johnson-Hostler, MA, LCAS, LPCA, NCC

Ms. Hostler is a master's level clinician who has worked in the field of addiction for over 20 years. She obtained her second master's degree from North Carolina Central University in Clinical Mental Health. Her first master's degree is in Psychological Counseling from Monmouth University (Long Branch, NJ). She obtained her bachelor's degree from Thomas Edison State University in Trenton, NJ.



Presently, Judith is employed at the Alcohol Drug Council of North Carolina as the Coordinator for the state's Perinatal Substance Use Project. She is responsible for care coordination for women who are pregnant or parenting and seeking treatment. She also conducts training for providers concerning resources and gender responsive care. Judith serves as a

consultant to both the NC Division of Public Health/Women's Branch of Raleigh and the Division of Mental Health/Development Disability/Substance Abuse Services in the Addictions & Management Operation Section. Her current focus is on addressing the opioid epidemic, focusing on women with a substance use diagnosis who are pregnant or parenting children and the importance of integrated care coordination for this population. She is also a private consultant providing counseling at DeNome Counseling Services in Holly Springs, NC and Durham Crisis Response Center (DCRC) in Durham, NC.